

Abstract

Title: Dance and movement education of children aged 3 to 5 years

The objective of this thesis is the creation of a methodological series of exercises for dance education of children from 3 to 5 years based on literary research. The thesis is designed for all beginning dance teachers whom it is intended to help to clarify and organize each dance element and moves correctly. An additional objective is practical verification of created methodological series of exercises with children with the above required age. For processing of this thesis I will use practical observation method and during the next two months I will apply created methodological series to children preschool age from dance school Stardance Chomutov, who I have worked with since September 2011. Based on observation and reactions of children to this type of exercise I will create a selection which I will process in the form of evaluation for each exercise.

Keywords: dance, movement, motor and psychological development, preschool age